Cople Elementary School Lunch & Breakfast Menu April 22 – May 3, 2024

COPLE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 April 22 – 26 Breakfast	Pop Tart Fresh Fruit Fruit Cup Assorted 1% Milk	Chicken Biscuit Fresh Fruit Fruit Cup Assorted 1% Milk	Lemon Bread Fresh Fruit Fruit Cup Assorted 1% Milk	Turkey Breakfast Pizza Fresh Fruit Fruit Cup Assorted 1% Milk	Mini Cinnis Fresh Fruit Fruit Cup Assorted 1% Milk
Week 1 April 22 - 26 Lunch	Pepperoni Pizza Cheese Pizza Mixed Vegetables Fresh Fruit Fruit Cup Assorted 1% Milk	Pork Barbeque*/Bun Glazed Carrots Fries Fresh Fruit Fruit Cup Assorted 1% Milk Contains Pork*	Chicken Nuggets/Tenders Buttered Corn Steamed Broccoli Fresh Fruit Fruit Cup Assorted 1% Milk	Oven Roasted Turkey/Gravy Mashed Potatoes Green Beans Fresh Fruit Fruit Cup Assorted 1% Milk	Corn Dog Nuggets Green Peas Fresh Fruit Fruit Cup Assorted 1% Milk
Week 2 April 29 – May 3	Blueberry Muffin	Pop Tart	Cereal Bar	Sausage Biscuit	Mini Maple Pancakes Belgian Waffles Eggo Waffles
Breakfast	Fruit Juice Fruit Cup Assorted 1% Milk	Fruit Juice Fruit Cup Assorted 1% Milk	Fruit Juice Fruit Cup Assorted 1% Milk	Fruit Juice Fruit Cup Assorted 1% Milk	Fruit Juice Fruit Cup Assorted 1% Milk
Week 2 April 29 – May 3 Lunch	Grilled Cheese Mixed Vegetables Fresh Fruit Fruit Cup	Barbeque Chicken Candied Yams Green Peas Fresh Fruit Fruit Cup	Corn Dogs Corn Dog Nuggets Steamed Broccoli Fresh Fruit Fruit Cup	Max Sticks Green Beans Fresh Fruit Fruit Cup	Pepperoni Pizza Cheese Pizza Steamed Carrots Fresh Fruit Fruit Cup
	Assorted 1% Milk	Assorted 1% Milk	Assorted 1% Milk	Assorted 1% Milk	Assorted 1% Milk

Assorted 1% Milk served daily

The Five Meal Components for School Lunch

Meat or Meat Alternative, Grain, Fruit, Vegetable, Milk

You Choose at least 3 including ½ cup fruit or vegetable at least 2 other full components